



Mental Health
Awareness | Resilience | Training



Free Craft workshops for women at Highfields Library with Linda Harding Leicester Museums & Galleries

Booking is essential due to limited places
Book via Eventbrite
or text/email Rehana Sidat
07821 849336
jamilaslegacy786@gmail.com



## Workshop details

Contribute to creating a community quilt that celebrates Leicester's diversity & your stories. The quilt will be displayed in many community venues throughout 2023

Techniques you can explore

- Stitching
- Patchwork
- Collage
- Applique





## Facebook Page:

m.facebook.com/Jamilaslegacy/

Instagram: @jamilas\_legacy
Twitter: @jamilaslegacy

## Workshop schedule

- Week 1: Tuesday 9th August 9.30 11.00am
- Week 2: Tuesday 16th August 9.30 11.00am
- Week 3: Tuesday 23rd August 9.30 11.00am