

THE YOUNG PEOPLE'S **PROJECT**



Jamila's Legacy CIC
Mental Health
Awareness | Resilience | Training



MEET UP WITH OTHER YOUNG PEOPLE (11-25YRS).
SHARE A SKILL YOU LOVE
LEARN A SKILL TAUGHT BY A YOUNG PERSON IN THE GROUP
AT CROWN HILLS COMMUNITY COLLEGE

SATURDAY 25 JANUARY
2PM-4PM
LED BY YOUNG PERSON
HALEEMAH ISAT

SATURDAY 22 FEBRUARY
2PM-4PM
LED BY YOUNG PERSON
AYESHA BAHADUR

FACILITATED BY

REHANA SIDAT - BSC (HONS) COGNITIVE BEHAVIOURAL THERAPEUTIC APPROACHES
SHEEREEN SIDAT - BSC COUNSELLING AND PSYCHOTHERAPY
ZARA MAJDA AHMAD - EDUCATOR - BSC (HONS), PGCE PRIMARY (QTS)

BOOK VIA EVENTBRITE

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